**ABC’s of a Success Student**

**Antecedent** – a preceding circumstance.

**Behavior** – an action you take.

**Consequence** – something that logically or naturally follows from an action.

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| **Antecedent** | **Behavior** | **Consequence** |
| ***The Early Bird Catches the Worm.*** | 1. Backpack check at night, i.e., homework completed; clarifying questions for teachers.  2. Arrive to school on time.  3. Eat breakfast at home or school.  4. Take advantage of extra-credit assignments and after-school bussing (4:00 and 5:00 p.m.) on Tuesdays and Thursdays.  5. When return from absence, turn in note and get make-up work.  6. Follow ROCKS:  Respectful; Organized; Cooperative; Kind; Safe | More alert; probably improve grades, Keystone, and SAT scores and receiving acceptance into college/university; excused absences instead of unexcused absences. |
| ***Lean into it.*** | 1. Pay attention; be invested; focused; make appropriate eye contact. | Mutual understanding, i.e., you are conveying to the other person that you understand them and vice versa. |
| ***You are the company that you keep.*** | 1. Who you hang with tells all of us about your values. | Can lead to positive and negative life experiences. |
| ***Treat Others As You Want to be Treated.*** | 1. Aggressive comments or behavior. | Disciplinary action; poor reputation; denial of school activities. |
| ***Never Let the Fear of Striking Out Keep You From Playing the Game.*** | 1. Find your joy, i.e., get involved with afterschool activities; sports or clubs. | Happiness vs. Regrets. |
| ***Choose to Defend or Learn*** | 1. Defending your position.  2. Learning new ideas or another’s opinion. | 1. Keeps you stagnate.  2. Open unlimited possibilities. |
|  | **Create Your Own** |  |
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